
JOB SUMMARY

The Field Therapist facilitates individual and group therapy to program participants and provides leadership and direction to Field Staff on courses. This role involves working closely with Rites of passage Leadership Team to manage and support program needs and course operations; collaborative problem-solving skills will be used often by the person in this position. An essential function of the Field Therapist's job is communicating with students' parents to provide updates and plan for the student's transition from the program. Collaborating with industry professionals and maintaining working relationships are also important aspects of this position. The Therapist role in the program can be defined as guiding both students and parents through the Rites of Passage NW model of change, while utilizing the resources and structure of the program, as well as using individual creativity to enhance client experience.

ESSENTIAL FUNCTIONS

- Provide individual and group therapy to program clients.
- Facilitate 1 to 3 day field visits to student groups each week.
- Write student reports and send them to appropriate recipients.
- Schedule and facilitate weekly parent phone calls.
- Assist students and parents with completing their curricula and creating post-graduation Family Success Plans.
- Collaborate with educational and mental health professionals involved in students' past or continued treatment.
- Support Field Staff by communicating individual treatment goals and field-based interventions for each student.
- Participate in the "on-call" rotation schedule and respond to field emergencies.
- Network with industry professionals at conferences, business meetings, and scheduled site visits.
- Attend weekly Treatment Team meetings and participate in collaborative treatment planning.
- Attend weekly Leadership Team meetings and participate in team decisions and operations.
- Lead and/or assist with post-course performance evaluations with Field Staff, as requested.
- Facilitate and or/participate in skills-based therapeutic trainings with Field Staff, as requested.

Field Days - Must be willing and able to spend multiple days and nights in the field at a time.

JOB REQUIREMENTS AND QUALIFICATIONS

1. Education and Training

- Must have a Master's degree in Psychology or Sociology with an emphasis in individual and group counseling.
- Must have training in Cognitive Behavioral Therapy and Family Therapy or closely related fields.

2. Contract Licenses and Certification

Field Therapist Contract

- Basic First Aid and CPR certification.
- Must be a registered counselor in Washington state and have one of the following licenses:
 - Licensed Mental Health Counselor (LMHC)
 - Licensed Marriage and Family Therapist (LMFT)
 - Licensed Clinical Social Worker (LCSW)

3. Knowledge and Experience

- Must have at least 1 year experience working in the wilderness therapy industry.
- Must have backpacking and outdoor living experience and minimal rock climbing and sailing experience.
- Must have knowledge of leadership styles and management experience to lead the operations of Field Staff.
- Must have the ability to work well under pressure and be well organized to manage workload effectively.

WORK SCHEDULE

Overview

The Field Therapist work schedule is based on a 6-month contract period .

The 6-month contract period for Rites of passage begins April 1st and goes through October 1st of each year. The month of April is spent preparing the NW program through marketing efforts, preparing and implementing the Instructor Training and beginning courses. Once courses begin, the Field Therapist will typically work Monday - Friday while visiting groups in the field 1 – 3 days per week. These field visits include overnight stays with groups. During regular office hours, the Field Therapist will facilitate phone meetings with parents, communicate with industry professionals and work collaboratively with the Rites of Passage NW Leadership and Treatment Teams.

Contract Extensions

Field Therapist 6-month contracts may be extended on an individual basis by additional days, weeks or months to accommodate seasonal schedules and current needs. Contract extensions are offered to individual Field Therapists.

Daily Schedule

The daily schedule of the Field Therapist will vary widely according to specific course area and program needs. Because of the varying nature of the Field Therapist's work, keeping regular office hours is flexible. There are scheduled meetings, field visits, and phone calls to accommodate each week, and it is the responsibility of the Field Therapist to keep and organize their schedule and demonstrate effective time management skills.