Our Goals and Objectives to Help Your Child.

- Create an environment for personal growth.
- To create a more confident, empowered individual.
- Inspire environmental stewardship and a personal connection with nature.
- Promote strong family dynamics.
- Create a sense of community and stronger social functioning within our programs and groups.
- Support a positive value system.
- Ensure physical and emotional safety of participants and staff.

Who We Are

About Us

Rites of Passage delivers better results in a shorter amount of time. We use a therapeutic approach and we believe that education is most effective when it's engaging, experiential, fun, and challenging. Our instructors are educators, as well as outdoor leaders. They are committed to inspiring students to develop, practice, and master the skills they need to live and travel safely in the outdoors. Instructors encourage students to use skills to navigate their lives in the backcountry and once they return back home. Call us and we'll tell you about the families we have helped.

Contact Us

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RITES OF PASSAGE

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RITES OF PASSAGE

RITES OF PASSAGE OBESTY HEALTH & WELLNESS

Having fun while having a life changing experience.

Our Model

Rites of Passage is a unique wilderness experience program based around family therapy using the cognitive behavioral treatment model. Our approach integrates the therapeutic factors of wilderness experience with a nurturing and intense therapeutic process. .

Age Groups We Work With:

Teenagers: 11-17

Young Adults: 18-30+

Our Approach

At Rites of Passage Obesity, Health and Wellness Camp we believe in having fun! Our students make friendships and memories they remember for the rest of their lives. Every day is a new adventure. As far as we can tell we are the only trek based weight program in the nation. This means we are moving daily to a different location, covering new ground and experiencing breathtaking views of the beautiful Pacific Northwest. Weight loss is simply a natural consequence of this exhilarating wilderness experience paired with our holistic diet.

"The people at ROP were instrumental in those changes. Nature was important, of course… but in my opinion, it was the consistent, caring, positive atmosphere that they provided that made the biggest difference."

-Parent of Student at ROP

We create life-changing experiences.

Rites of Passage Obesity, Health and Wellness Camp we foster a healthy environment for weight loss. We judge no one. Through compassion and empathy, we open our hearts to each individual's pain, struggles and disappointments as well as their hopes and goals. We help students find the courage needed to change those beliefs and behaviors that no longer fit the person they want to be.

What we offer:

1. Clinical Assessment
2. Phone Interview
3. Individualized Treatment Planning and Coordination
4. Ongoing Clinical Services for Student and Family
5. Full Aftercare Planning
6. All Equipment and Clothing
7. All Educational Material and Course Manuals
8. Holistic Food Program
9. Transportation From Airport to Trekking site